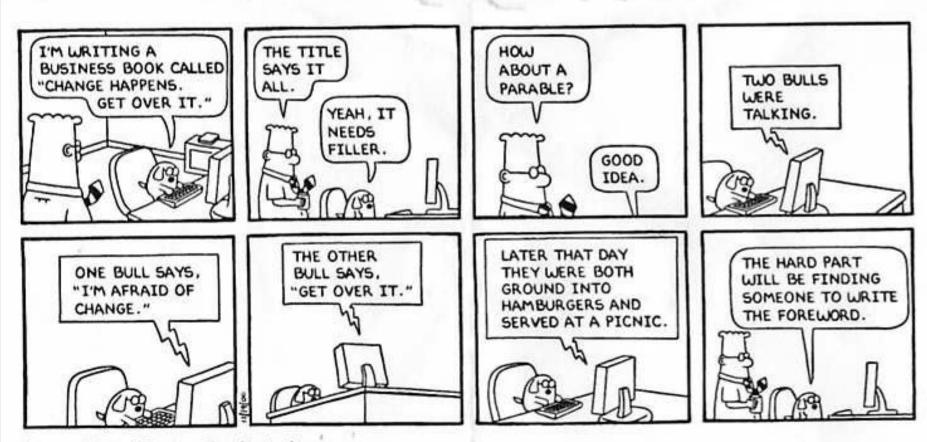
Leading Fearless Change

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What are
your
challenges
in leading change?

How can this person in front of the room help?

- ➤ Gathered strategies from leaders of change in many different organizations
- ➤ Documented successful strategies as "patterns"...
 - Patterns capture recurring problems and successful solutions
 - Each pattern documents: problem, context, solution, rationale, consequences, known uses, name

Schedule for today

- Presentation with q & a
- Your challenges in leading change
- Working lunch (break-out groups) You will use the patterns to address your challenges
- Report from the break-out groups with lots of discussion!

Take away -- Strategies (patterns) you can use immediately!

A pattern example from Fearless Change

Patterns provide a toolkit for...

- Solving specific problems in leading change
 - Corridor Politics
- Facilitating communication: a vocabulary for leaders of change
 - Town Meeting
 - Involve Everyone
 - Personal Touch
 - Guru Review
 - Time for Reflection

The Fearless Change approach...

- Each of us is a "powerless leader"
- The emphasis is: *emergent* change
- > Change is a process, not an event
 - The process is a series of *steps* and *reflection*.
- > Change happens one person at a time
 - The goal is to encourage each person to become so involved and interested in the new direction that they <u>want</u> to change.



Champion Skeptic

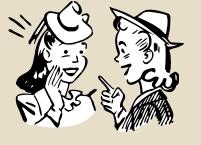






Early Adopter





Bridge-Builder

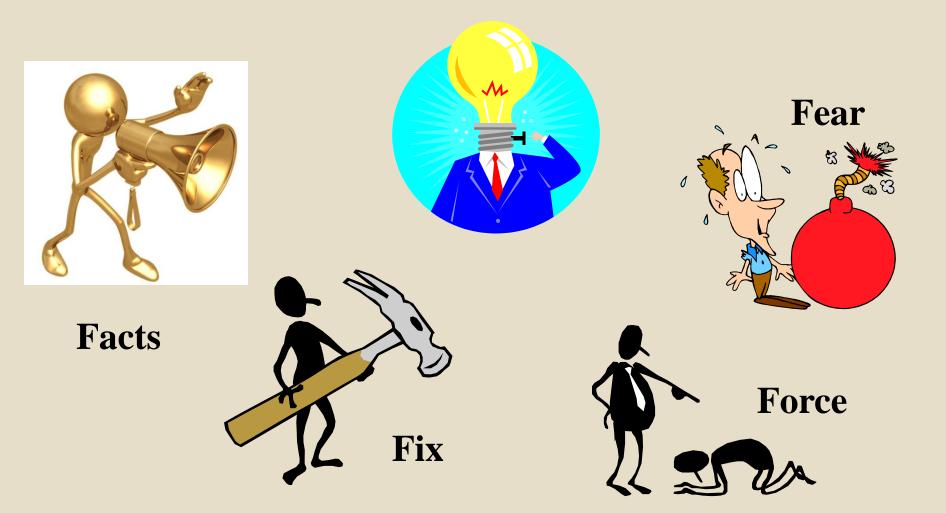






Local Sponsor

How do we attempt to persuade?



Attempting to persuade with....

Force

treats the symptoms rather than the underlying causes

Laws, directives, policies, etc. do not create a fundamental change in thinking and behaving

Attempting to persuade with....

Fear

works in the short term (Wake-Up Call); must be followed with another strategy, or...

- People can use coping mechanisms to justify, rationalize, ignore
- It can create "learned helplessness"
- It "can get creepy"

Attempting to persuade, but....

you get frustrated, so you...

Fix

But what happens when the "fix" is gone?

Attempting to persuade with.... Facts

Give individuals knowledge. It is an important *first* step.

Knowledge (facts/info)



He
needs
two
more
things

Knowledge: communicate facts/info

- Capture Attention
 - Wake-Up Call
- Stress the core of your message
 - Elevator Pitch
- Concentrate on the possibilities
 - Tailor Made
- Propose a strategy
 - Step by Step, Time for Reflection
- Keep your message visible and frequent
 - In Your Space
- Tackle preconceived notions
 - Myth Buster

Attempting to persuade with...

Facts (provide knowledge)

Force

Fear

Fix

Is there another 'F' word that can create a fundamental and sustainable change in thinking and behaving?

Feelings...

 Behavior change happens mostly by speaking to a people's feelings. (John Kotter)

- Our emotions drive our decisions and then we use logic and reason to justify our decisions.
- People will forget what you said, forget what you did, but not forget how you made them feel. (Maya Angelou)

Knowledge (facts) – help the person *understand* the facts

Persuasion (feelings) – help the person *care* about the facts

Knowledge



Tension

between the present and the desired state

Belief

he can be successful

Give facts/info

Knowledge



Persuade

Create **Tension**

Build Belief

Persuasion: transform knowledge into action Create Tension & Build Belief

- Create an Emotional Connection
 - Show a truth that addresses what the person is feeling
- Match your idea to individual needs
 - Personal Touch



- Use stories rather than statistics
 - Hometown Story



- Allow people to imagine the future
 - Imagine That!

Persuasion (continued): Create Tension & Build Belief

- Build relationships
 - Evangelist
- Involve the skeptics
 - Fear Less
- Recognize what people are losing
 - Shoulder to Cry On
- Ease the concerns
 - Trial Run
- Share ownership
 - Group Identity





Create Tension ... Build Belief

Show a truth that appeals to feelings (what people care about) rather than to logic.



Some of the patterns in your toolkit for leading change

Knowledge

- Wake-Up Call
- Elevator Pitch
- Tailor Made
- Step-by-Step
- Time for Reflection
- In Your Space
- Myth Buster

Tension & Belief

- Emotional Connection
- Personal Touch
- Hometown Story
- Imagine That!
- Evangelist
- Fear Less
- Shoulder to Cry On
- Trial Run
- Group Identity

Take-aways...

- Facts, Fear, Force, Fix do not persuade people to make a sustainable change
- Facts are only the first step-- you must help individuals care about the facts
- To persuade: create tension and build belief
 - Appeal to emotion rather than to logic
- The Fearless Change patterns provide a "toolkit" for building an initiative that allows change to emerge one individual at a time.

Leading change is hard, but...

You miss 100% of the shots you never take.

Let's work on your challenges!

- > Tell us about your challenges in leading change.
- Choose which challenge you wish to work on and break-out into groups.
- On the paper, write the patterns you would use in your change initiative. (Use the short descriptions of the patterns in *Fearless Change* as a resource.)
- ➤ Your group will present your ideas to the other groups.

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www.fearlesschangepatterns.com