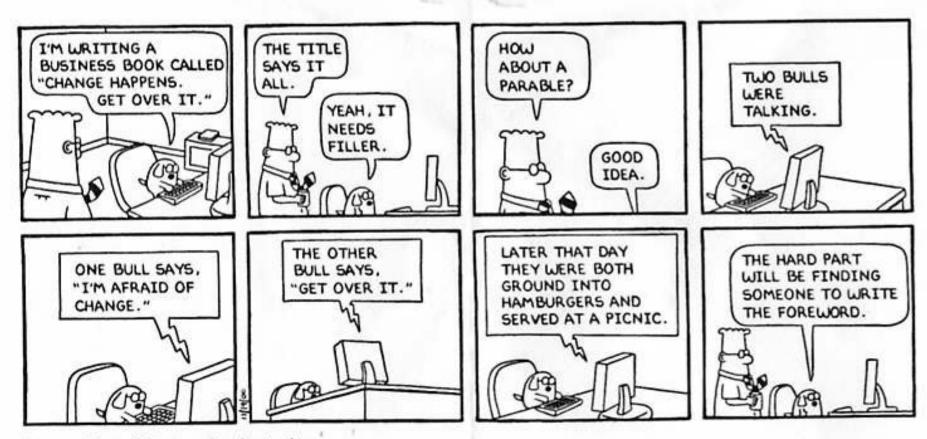
Leading Change: Patterns for Introducing New Ideas

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Does anyone have a good idea?

Why is it so difficult to make change happen?

How can this person in front of the room help?

- ➤ Gathered strategies from leaders of change in many different organizations
- ➤ Documented successful strategies as "patterns"...
 - Patterns capture recurring problems and successful solutions
 - Each pattern documents: problem, context, solution, rationale, consequences, known uses, name

Patterns provide a toolkit for...

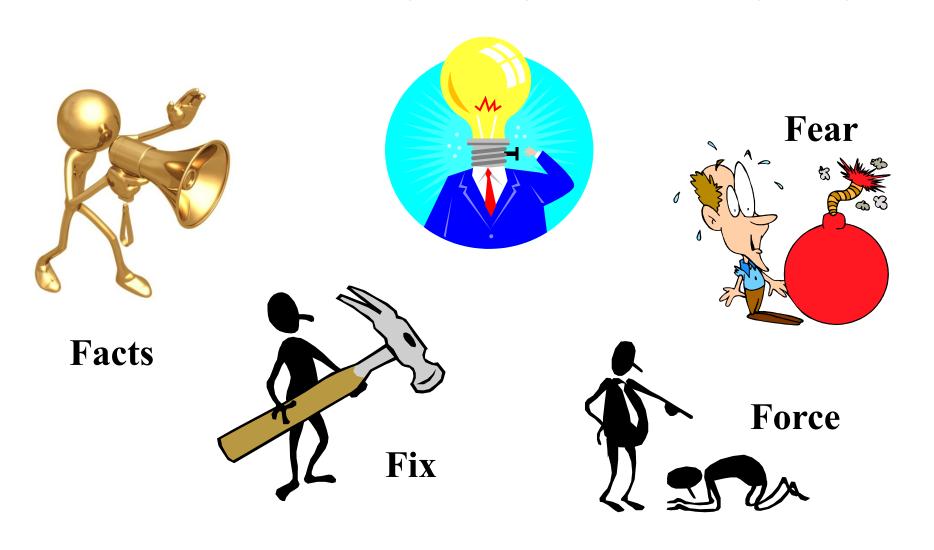
- Solving specific problems in leading change
 - Corridor Politics
- Facilitating communication: a vocabulary for leaders of change
 - Town Meeting
 - Involve Everyone
 - In Your Space
 - Personal Touch
 - Guru Review
 - Time for Reflection

The Fearless Change approach...

> Change happens one person at a time

The goal is to encourage **each person** to become so involved and interested in the new direction that they *want* to change.

How do we attempt to persuade people?



Fear

Force

Fix

Facts

communicate info about a change -- this is only the *first* step



Knowledge: communicate facts/info

- Capture Attention
 - Wake-Up Call
- Stress the core of your message
 - Elevator Pitch
- Concentrate on the possibilities
 - Tailor Made
- Propose a strategy
 - Step by Step, Time for Reflection
- Keep your message visible and frequent
 - In Your Space
- Tackle preconceived notions
 - Myth Buster

Fear

Force

Fix

Facts

the first step (but not the only one)



He needs two more things to be persuaded

Provide Knowledge ~logical~

Give Facts



Persuade ~emotional~

Create Tension

between the present and the desired states

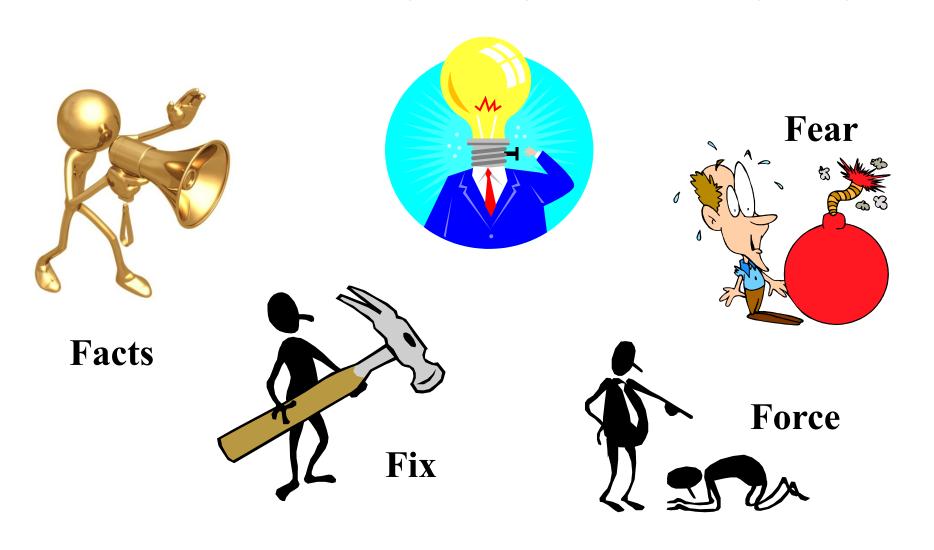
Build Belief

that success can be achieved

Knowledge (facts) – help the person *understand* the facts

Persuasion (feelings) – help the person *care* about the facts

How do we attempt to persuade people?



Is there another 'F' word that can persuade a person to make a fundamental and sustainable change in thinking and behaving?

Feelings...

- Behavior change happens mostly by speaking to a people's feelings. (John Kotter)
- Our emotions drive our decisions and then we use logic and reason to justify our decisions.
- People will forget what you said, forget what you did, but not forget how you made them feel. (Maya Angelou)
- McKinsey Quarterly (Feb 2011) Irrationality in the Workplace

Some examples...

- Market the change as a bright spot among all the burn-out
- Consider how the change affects each individual. How does it address the problems s/he hates?
- Dig deep into the concerns
- When things are not going well, show people you believe in them
- Recognize and understand what people are losing
- Concentrate on the positive effects (rather than the fearful things that can happen if you don't make the change)
- Guide people in imagining how much better things can be
- Talk from your heart, not just from your head

Persuasion: transform knowledge into action **Create Tension & Build Belief**

- Create an Emotional Connection
 - Show a truth that addresses what the person is feeling
- Match your idea to individual needs
 - Personal Touch







- Allow people to imagine the future
 - Imagine That!



Persuasion (continued): Create Tension & Build Belief

- Build relationships
 - Evangelist
- Involve the skeptics
 - Fear Less



- Recognize what people are losing
 - Shoulder to Cry On
- Ease the concerns
 - Trial Run
- Share ownership
 - Group Identity

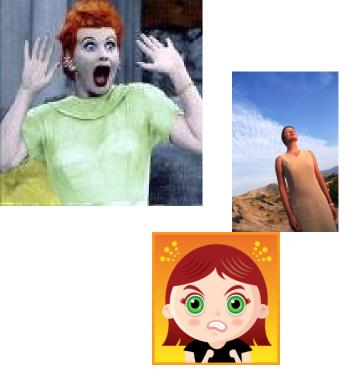




Create Tension ... Build Belief

Speak from your heart, not just from your head.

Show a truth that appeals to what individuals are feeling (instead of only their logic)













Take-aways...

- Facts, Fear, Force, Fix do not persuade people to make a sustainable change
- Facts are only the first step-- you must help individuals care about the facts
- To persuade: create tension and build belief
 - Appeal to emotion rather than only to logic
- The *Fearless Change* patterns provide a "toolkit" for building an initiative that allows change to emerge one individual at a time.

Some of the patterns in your toolkit for leading change

Knowledge

- Wake-Up Call
- Elevator Pitch
- Tailor Made
- Step-by-Step
- Time for Reflection
- In Your Space
- Myth Buster

Tension & Belief

- Emotional Connection
- Personal Touch
- Hometown Story
- Imagine That!
- Evangelist
- Fear Less
- Shoulder to Cry On
- Trial Run
- Group Identity

Leading change is hard, but...

You miss 100% of the shots you never take.

Let's work on your challenges in leading change

- Tell us about your challenges in leading change.
- Choose which challenge your group wishes to address.
- On the paper, write the patterns you would use in your change initiative. (Use the short descriptions of the patterns in *Fearless Change* as a resource.)
- Your group will present your ideas to the other groups.

Fearless Change

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